



# AGE Beautifully

## Anesthesia

Atlanta Face & Body offers multiple anesthesia options, customized to your procedure, needs, and comfort.

### Local Anesthesia with Relaxation

Elizabeth Whitaker M.D., F.A.C.S., performs the majority of face and body procedures with oral medicine for relaxation and gentle numbing. Having performed thousands of cosmetic procedures this way, she is one of the most experienced surgeons with local anesthesia. Local anesthesia has the highest safety profile and quickest recovery. Most patients find this a very comfortable process, especially for procedures under four hours in length.

If you have a history of difficulty getting numb at the dentist, chronic pain requiring routine prescription medication, or a severe phobia regarding being aware, please discuss this with Dr. Elizabeth as that may impact the anesthesia choice she recommends for you. While a procedure can safely be performed under local anesthesia and relaxation, IV sedation or general anesthesia may be considered.

### Intravenous Sedation

Intravenous sedation or "conscious sedation" involves medication being given in your IV to keep you sedated, so-called "twilight anesthesia" also used for endoscopy procedures. The depth of sedation depends on the procedure being performed and patient tolerance. At Atlanta Face & Body, an anesthesia provider administers IV sedation and will be present during your procedure. There is additional cost for the anesthesia provider.

### General Anesthesia

Most facial procedures can be comfortably performed with local anesthesia or IV sedation. General anesthesia typically is utilized for nasal procedures such as rhinoplasty or septoplasty. Dr. Elizabeth performs these procedures in the outpatient surgery center at Kennestone Hospital.

Smartlipo and Cellulaze procedures for the body are typically performed with local anesthesia or IV sedation at Atlanta Face & Body. More extensive body procedures such as breast procedures or tummy tucks may require general anesthesia and be performed by a partner surgeon at another location.

Atlanta  
**FACE & BODY**<sup>®</sup>  
Beautifully You.