# AGE Handsomely by Elizabeth Whitaker M.D., F.A.C.S.

# **Signature Lift Series**

Having performed over 4,000 facelifts, Dr. Elizabeth has worked with every type of anatomy. Her Signature Lifts were designed based on her unique experience.

### Signature Mini Lift

Designed for early to moderate aging changes with facial and neck skin laxity and jowling with minimal or no vertical neck bands, typically age 40s to 50s. Defines the jawline and neck, removing excess skin for maximum skin tightening.

# Signature Neck Lift

Designed for aging changes predominantly in the neck with no to minimal jowling. Most commonly, both jowling and neck laxity are issues, and a Signature Lift is appropriate. However, in some select patients, particularly men or after a prior facelift, a Signature Neck Lift may be beneficial. Addresses vertical bands in the neck and removes excess skin for maximum neck tightening.

### Signature **Lift**

Designed for moderate to severe aging changes, typically 50s and onward, with jowling, facial and neck skin laxity, and vertical neck bands. Defines the jawline and neck, tightens vertical neck bands and removes excess skin for maximum skin tightening.

## Signature Accelerated Recovery Package

Designed to minimize bruising and accelerate the healing process for our Signature surgical procedures. A laser fiber is utilized to coagulate blood vessels and enhance skin tightening. Platelet rich plasma is applied under the skin to minimize bruising and concentrate growth factors for healing. Arnica montana with bromelain is provided to use perioperatively to minimize bruising tendencies.

